



# Tell Me About It!



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## 2019 NEBRASKA WALK FOR APRAXIA



Pictured here are Krista and Paul Meyer and their three sons Caden, Evan, and Landon (l to r). All three boys have been diagnosed with childhood apraxia of speech (CAS).

Krista is a co-coordinator for the Nebraska Walk for Apraxia, which will be held at Holmes Lake Park on September 7, 2019. Registration starts at 9:00am with the Apraxia Star Celebration at 10:00am. Princesses, super heroes, face painting and games will make it a fun day for all!

The Walk for Apraxia celebrates the achievements of children with apraxia and raises funds to support educational opportunities, research, referral services, awareness, financial aid, and more. To register, find "2019 Nebraska Walk for Apraxia" on Facebook or go to [apraxia-kids.com](http://apraxia-kids.com).

Communication Works is a sponsor of the 2019 Nebraska Walk for Apraxia.

### What is Childhood Apraxia of Speech (CAS)?

CAS is a motor speech disorder, usually with an unknown cause, that makes it hard to speak. For speech to occur, your brain tells muscles in your mouth how to plan, sequence, and organize movements to make sounds. CAS results when the messages from the brain to the mouth do not get through correctly. In severe cases, a child may not be able to say much at all.

Children with CAS know what they want to say; they just can't convey their messages. They may also have delayed language, difficulty with fine motor skills, and eventually problems with reading, spelling, and writing. With frequent, consistent, and intense speech therapy, hard work, and family support, children with CAS can improve. Early intervention with a certified speech-language pathologist is crucial.

<https://www.asha.org/public/speech/disorders/childhood-apraxia-of-speech/>



#everychilddeservesavoice

### EVIDENCE SNAPSHOT

U.S. Department of Education, Institute of Education Sciences, What Works Clearinghouse. (2010). <https://ies.ed.gov/ncee/wwc/EvidenceSnapshot/295#>

The Lovaas Model of Applied Behavior Analysis (ABA) is a behavioral therapy program that uses discrete trials to cue a specific behavior, prompt an appropriate response, and provide reinforcement. It is often used with children on the autism spectrum. The Lovaas Model encourages parents to allow for 35–40 hours of intervention per week for about three years. Parents also learn instructional techniques.

#### Effectiveness Rating Key:

- Positive: Strong evidence the intervention had a positive effect
- Potentially Positive: Intervention had a positive effect
- Mixed: Intervention's effect is inconsistent
- No Discernible: No evidence intervention had an effect
- Potentially Negative: Intervention had a negative effect
- Negative: Strong evidence the intervention had negative effect

#### Effectiveness of the Lovaas Model Based on the IES Report:

- Cognitive development: **Potentially positive effects**
- Communication/language competencies: **No discernible effects**
- Social-emotional development/behavior: **No discernible effects**
- Functional abilities: **No discernible effects**

Communication...the essential human connection

~ Ashley Montagu

**Communication Works Speech & Language Services**

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